

## Virtual Board of Directors questionnaire

Tick the relevant box in each section.

### 1. Friends

Do you have a friend/a number of friends you can talk to about anything and everything? Do you feel comfortable sharing your feelings with them? Do they support you through the highs and the lows? It could also be a counsellor or therapist.

This is a real gap	Needs some work	Good	Very good	Score

### 2. Wise aunt or uncle

Do you know people that have experience in your business area? Are they acting as a mentor? Do they really care about you and your business? Will they give you objective feedback on how your business is running?

This is a real gap	Needs some work	Good	Very good	Score

### 3. Fitness Coach

How well are you looking after yourself? Are you sleeping, eating well and taking enough exercise? Is there someone in your life that can help you with this? They don't need to be a professional coach. They could just be someone who cares about you. It might even be you!

This is a real gap	Needs some work	Good	Very good	Score

### 4. Professor

To run a business successfully you need to access relevant information quickly. Where do you get yours from? Some people connect with their network. Others like to access information in books, the internet, via blogs, podcasts or TED Talks. How are you keeping up to date?

This is a real gap	Needs some work	Good	Very good	Score

## 5. Your Older Self

You know more than you think you do. It's important to remind yourself of the wisdom you've gathered along the way. How do you do this? Do you write a diary or share your knowledge with others? You need to pause, take stock and regularly reflect on what you're learning about running your business, good and bad.

This is a real gap	Needs some work	Good	Very good	Score

Go back and score each of your Virtual Board Directors with the following:

This is a real gap – scores 1

Needs some work – scores 2

Good – scores 3

Very good – scores 4

Add up the total scores and ask yourself what shape your Virtual Board of Directors is in.

Totals	Action needed
<b>17 - 20</b>	Your Virtual Board of Directors is in good shape. Keep an eye on the lower scoring Board Directors and develop them where needed. Make sure you review your Board every 3 months. Ask yourself are the Board Members still helping you run your business effectively?
<b>13 – 16</b>	Your Virtual Board of Directors is OK, but you could make improvements. Either all your Board Members need to work harder, or you could have one or two who are weak and need replacing. Identify where you can make the biggest difference and find substitutes.
<b>9 – 12</b>	Your Virtual Board of Directors is underperforming. You have Members who need developing or replacing. They may be preventing your business from being more successful. Identify the worst performers first and replace them if you need to. Then develop the rest.
<b>5 - 8</b>	Your Virtual Board of Directors needs sacking, or you have empty seats on your Board. Identify the worst performers first and replace them. The others may need development, or you might find that they too need replacing if they can't change.

Aim to review your Virtual Board of Directors every 3 months, even if is performing well now. Your personal and business situation can change quickly. So, the people (or things) you need to support you must flex quickly too.